**Class Schedule**

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| --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| 9:00am Cardio Kickboxing  | 5:45amBootcamp | 5:45amBootcamp | 5:45amBootcamp | 5:45amBootcamp(OPEN CLASS: NO COACH) |  | 9:00amBootcamp |
| 9:00amYoga | 7:30amBootcamp | 7:30amBootcamp | 7:30amBootcamp | 7:30amBootcamp(OPEN CLASS: NO COACH) | 7:30 amBootcamp | 9:00amSpin- in RIPT area |
|  |  |  |  |  |   |  |
|  | 5:30pm Bootcamp | 5:30pmBootcamp | 5:30pmBootcamp | 5:30pm Bootcamp |  |  |
|  | 6:00pmSpin- in RIPT area |  5:30pmTRX  |  | 5:30pmCardio Kickboxing |  |  |
|  |  | 6:00pmCardio Kickboxing  |  | 6:15pmSpin- in RIPT area |  |  |
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